

BREAKFAST Menu

15 €
PER
PERSON



CLASSIC BREAKFAST

Fried eggs

(2 eggs)

Cooked ham, hard cheese,

cherry tomatoes

(2 slices ham 50 g, 2 slices cheese 50 g, 3 cherry tomatoes)

Butter, homemade jam/honey

(1 butter, portion of jam, portion of honey – 10 g)

Fruit bowl

(1 banana, 1 apple, 1 orange or pear)

Freshly squeezed juice

Coffee/tea

(1 dcl milk, slice of lemon)

GOURMET BREAKFAST

Frittata with mushrooms / asparagus / spinach

(2 eggs / 4 asparagus / 150 g spinach)

Cherry tomatoes

Prosciutto / fine sausage, hard cheese

(50 g prosciutto, 50 g cheese)

Butter, jam/honey

(1 butter, portion of jam, portion of honey – 10 g)

2 Croissant

Freshly squeezed juice

Coffee/tea

(1 dcl milk, slice of lemon)



HEALTHY BREAKFAST

Poached egg in a bun with cream cheese spread, arugula, and chili or pepper

(1 egg, 1 bun, 10 g spread)

Energy chia pudding with seasonal fruit and roasted almonds

(100 g chia, 1 piece of fruit, 10 g almonds)

Fruit bowl

(1 banana, 1 apple, 1 orange or pear)

Freshly squeezed juice

Coffee/tea

(1 dcl milk, slice of lemon)



VEGAN BREAKFAST

Cooked oats with fruit

(1.5 dcl milk, 100 g oats, apples, cinnamon / peaches, mint / berries 20 g, mint)

Toast with avocado spread

(4 toasts, half an avocado, slice of lemon, garlic clove)

Fruit bowl

(1 banana, 1 apple, 1 orange or pear)

Freshly squeezed juice

Coffee/tea

(1 dcl milk, slice of lemon)

